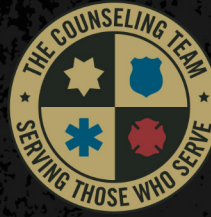


# STATS YOU SHOULD KNOW



**FIREFIGHTERS ARE 6X MORE LIKELY TO DIE BY SUICIDE THAN IN THE LINE OF DUTY.**



**37% OF EMTS AND PARAMEDICS CONTEMPLATE SUICIDE.**



**NEARLY ONE IN FOUR POLICE OFFICERS REPORT SYMPTOMS OF POST TRAUMATIC STRESS INJURY.**

**70%**

**REDUCTION IN TRAUMA SYMPTOMS IS POSSIBLE—WITH THE RIGHT CARE.**

<https://archive.rudermanfoundation.org/study-police-officers-and-firefighters-are-more-likely-to-die-by-suicide-than-in-line-of-duty/>

<https://archive.rudermanfoundation.org/study-police-officers-and-firefighters-are-more-likely-to-die-by-suicide-than-in-line-of-duty/>

<http://bit.ly/44ATasJ>

## SHATTER THE STIGMA

This Mental Health Awareness Month, it's time to break the stigma. Culturally competent care for first responders is available and proven. Don't be a statistic. Reach out to us at [info@frhealth.com](mailto:info@frhealth.com) or call **888.443.4898**

**[www.FRHealth.com](http://www.FRHealth.com)**