





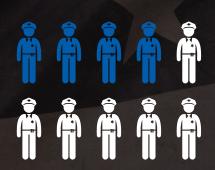
## THE CALL ENDS. THE MEMORIES DON'T.



ROUGHLY 80% OF FIRST RESPONDERS WITNESS TRAUMATIC EVENTS ON DUTY.



ROUGHLY 30% WILL DEVELOP PTSD



IN ONE STUDY, 40% OF FIRST RESPONDER PARTICIPANTS MET THE CRITERIA FOR ALCOHOL ABUSE.

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OVERALL. RATES OF ADDICTION IN FIRST RESPONDERS ARE NEARLY DOUBLE THAT OF THE GENERAL PUBLIC.

## SERVING THOSE WHO SERVE.

This Alcohol Awareness Month, you don't have to be a statistic. Find ways to cope with what you see on the job that won't put your health and career at risk.

Strong doesn't have to mean silent. We're here to listen.







Shift Wellness.com

TheCounseling FirstResponder-Wellness.com

www.FRHealth.com