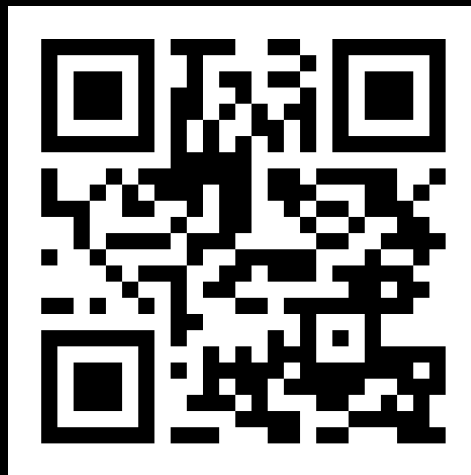




# ASK THE QUESTION



View on Vimeo  
<https://rb.gy/sky6k8>  
or scan to view.



Watch a short video about suicide intervention.

Be direct. Ask the question. Don't hesitate.

Let them know you care.

This content is provided as a support resource and is not intended to replace recommendations from a physician or licensed mental health professional. Dial 911 for life threatening events.



**We are here to help.**

[thecounselingteam.com](http://thecounselingteam.com) | 800.222.9691

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