



## HERE FOR YOU.



# DOWNLOAD YOUR AGENCY'S CUSTOM APP TODAY!



Put top resources from first responder wellness experts at your fingertips. Available 24/7 via iOS, Android, and web-based platforms.

Lighthouse Health & Wellness is an in-hand, on-demand, 100% confidential health and wellness platform. Designed with first responders in mind, Lighthouse is filled with resources and information designed to help public safety personnel and their families thrive. Anonymous access to information on finances, fitness tips, addiction awareness tools, self-assessments, and help finding treatment and care are all just a swipe away.



### ANONYMOUS AND CONFIDENTIAL

Providing private and confidential access to critical resources for public safety and their family.



#### 24-HOUR ACCESS

Valuable resources available when public safety personnel and their families need it most.



### AVAILABLE TO ALL AGENCY MEMBERS AND THEIR FAMILIES

Comprehensive collection of tools that support and improve first responders' health & wellness.

Access LighthouseHW.org from any computer with this code: dea870





